

Regional Stage Itinerary
Sicily

MONDAY 11 MAY, 2009

4:00 Departure from Colorno
4:30 Departure from Parma
7:30 Departure from Bologna airport
9:00 Arrival in Catania
10:00 Check-in in the B&B
11:00 Visit to the Fish Market “La Pescheria”, Catania citycenter
14:00 Lunch and cooking demo with the Catania Slow Food Convivium Leader
Free afternoon and dinner

TUESDAY 12 MAY, 2009

3:30 Departure from the B&B
4:00 Meeting at the Ognina Port with the fishermen for a fishing trip to see the Slow Food Presidia “Masculina da Magghia”
12:00 Lunch on the boats with grilled fish
Free afternoon and dinner

WEDNESDAY 13, MAY 2009

8:15 Departure from Catania
9:00 Arrival to Lentini, visit to a bakery and presentation of the Slow Food Presidia “Pane di Lentini” (Lentini Bread)
11:00 Arrival to a farm visit to the citrus and olives plantation and presentation of the project “Le vie della Zagara” about agriculture and tourism in Sicily
13:00 Tasting workshop with typical products of the area
15:30 Departure for Siracusa
16:30 Arrival to Siracusa, lodging at the B&b
Free evening and free dinner

THURSDAY 14 MAY, 2009

8:45 Departure from Siracusa
9:30 Arrival in Modica and visit to the “Razza Modicana” cow breeding and to the only cheese factory still working with the Razza Modicana milk
11:00 Tasting lunch with dairy products
12:00 Visit to a chocolate workshop in Modica
14:00 Free time at the beach

17:00 Departure to Ispica
17:30 Visit to “ASCA - Agenzia per la Sicurezza ed il Controllo Alimentare” created by “EFSA - European Food Safety Authority”

19:00 Departure to Modica
19:30 Arrival at the “Agriturismo”
20:30 Dinner at the Agriturismo

FRIDAY 15 MAY, 2009

8:30 Departure from Modica
9:00 Arrival to Pozzallo and visit to a fish farming (salmon trout and perch)
11:00 Visit to a fish farming in Porto Palo (sea bass)
13:00 Free lunch in Porto Palo
15:00 Departure to Noto
16:00 Visit to an almond plantation of the Slow Food Presidia “Mandorla di Noto”
18:00 Free time in Noto for the “Infiorata”
20:30 Dinner at a Slow Food restaurant

SATURDAY 16 MAY, 2009

10:00 Departure to Ragusa
11:00 Visit to the donkey breeding of the Slow Food Presidia “Asino Ragusano”
13:00 Lunch and tasting of products made with donkey milk
15:30 Departure to Catania
17:30 Arrival at the Catania airport
19:50 Departure for Parma
21:30 Arrival at the Parma airport and departure to the citycenter and Colorno